



*Thinking
of you*

*We're thinking of you and
your loved ones during this time.*

We've been through a lot together over the years – hurricanes, earthquakes, floods and endemic disease. We've seen what this community is made of during difficult times. So, we have faith. We'll get through this together.

If you're feeling overwhelmed, don't forget to do the activities that make you happy. Consider taking a break from your devices and coronavirus related information. If you don't already have one, think about starting a daily exercise routine if you're able and eat foods that fuel your health.

If you are experiencing coronavirus symptoms such as fever, cough and shortness of breath, you can see a virtual care provider for free at rsfh.com/coronavirus. Use the promo code **COVID19**. We care deeply for you and we're looking forward to getting back to normal, as we know you are. Please continue to take the precaution to keep yourself and your loved ones safe.

Sincerely,

ROPER  **ST. FRANCIS**
HEALTHCARE