

SHSMD Connections 2025

Health Care Leaders in Career Transition: Reflecting, Reinventing, and Thriving

Enjoy this panelist curated list of resources to help navigate career transitions!

Articles

A New Approach to Managing Your Personal Brand

by Jill Avery and Rachel Greenwald

Harvard Business Review

Books

Managing Transitions: Making the Most of Change by William Bridges

The Designing Your Life Workbook: A Framework for Building a Life You Can Thrive In by Bill Burnett and Dave Evans

Podcasts

[10% Happier with Dan Harris. The Science of Manifestation: Can this Stanford Neuroscientist Convince a Skeptical Dan to Give it a Shot?](#)

[A Changed mind with David Bayer A Changed Mind: Mindset that Matters](#)

[Simon Sinek - A Bit of Optimism with Brene Brown and Adam Grant "The First Pancake"](#)